

Psychology of Dragon Rises Red Bird Flies (DRRBF) Online Course 2025	
Time	Lecture Content
Session 1 June 21 8-11am AEST	DRRBF Model, 5 phases, 6 Conformations, Integration of Models
	Introduction to the life and work of Dr. Hammer, a basic outline of the text, and a discussion of central aspects of the model, including pulse diagnosis and the therapeutic relationship. Classical Focus.
	Preliminary distinctions: the 5 Phases as expressions of the evolution of being.
	Preliminary distinctions: the 5 Phases and a novel approach to Yin and Yang
	Phenomenology of the 6 channels – Tai Yang, Shao Yang, Yang Ming, Tai Yin, Shao Yin, Jue Yin
Session 2 June 28 8-11am AEST	Water and Wood Phases
	Water: Natural Functions, Yin/Yang, cognitive style, anxiety, depression, love, sex, and psychosis.
	<u>Water Phase Transformations/Personalities</u> KI yin deficiency - Brutal Competitor KI yin excess - Pride in the Superior Brain KI yang deficiency - Lack of Power to Act KI yang excess - Will and Drive KI qi deficiency - Lack of Faith
	Shaoyin Formulas.
	Wood: Natural Functions, Yin/Yang, cognitive style, anxiety, depression, love, sex, and psychosis.
	<u>Wood Phase Transformations/Personalities</u> LV yin deficiency - Retreat Impossible Wood yin excess - Forever Withdrawing LV yang deficiency - Passive Aggressive LV yang excess - GB excess - Unremittingly Aggressive
	Jueyin/Shaoyang Formulas.
Session 3 July 12 8-11am AEST	Fire Phase
	Integrity and development of Tai yang and Sympathetic Nervous System
	Fire: Natural Functions, Yin/Yang, cognitive style, anxiety, depression, love, sex, and psychosis
	<u>Fire Phase Transformations/Personalities</u> HT yin deficiency – Uninspired Bureaucrat

	<p>HT yin excess - Agitation and Restlessness HT yang deficiency - Ideas Without Execution HT yang excess - Compulsive Communicator PC Yin Deficiency - Poor Boundaries, Easily Exploited PC Yin Excess - Scrooge, HT Closed</p> <p>Taiyang Formulas.</p> <p>Small Intestine</p> <p>Triple Burner</p>
Session 4 July 19 8-11am AEST	Earth and Metal Phases
	<p>Earth: Natural Functions, Yin/Yang, cognitive style, anxiety, depression, love, sex, and psychosis. Schizophrenia.</p> <p><u>Earth Phase Transformations/Personalities</u> Schizophrenia Earth yin deficiency – Problems in Bonding Earth yin excess – Over bonded Earth yang deficiency – Problems Separating Earth yang excess – Harden or Perish</p> <p>Taiyin/Yangming/Taiyang Formulas.</p>
	<p>Metal: Natural Functions, Yin/Yang, cognitive style, anxiety, depression, love, sex, and psychosis.</p> <p><u>Metal Phase Transformations/Personalities</u> Metal yin deficiency – Inability to Form Relationships Metal yin excess – Possessive and Domineering Metal yang deficiency – Inability to Expand Bonds, Move On Metal yang excess – Drifter</p> <p>Taiyang Formulas.</p>
Session 5 August 2 8-11am AEST	Review, Case Studies, Discussion
	<p>Review of phases – Water, Wood, Fire, Earth, Metal</p> <p>Integrating and Applying the Concepts taught in the Course.</p> <p>Case Studies.</p> <p>Group discussion. Conclusion.</p>